

## **A SUMMARY OF ACHIEVEMENTS BY DR WESTERMAN AND INDIGENOUS PSYCHOLOGICAL SERVICES IN ABORIGINAL PSYCHOLOGY, MENTAL HEALTH CULTURAL COMPETENCE & SUICIDE PREVENTION**

Dr Westerman has spent the past 25 years dedicated to Indigenous psychology, mental health, cultural competence, psychometric testing development and suicide prevention. This is in a research, clinical and community intervention capacity into high risk communities across Australia. She is without peer when it comes to outcomes and impacts in this challenging field. Her most notable awards include:

- Order of Australia (AM), Queens Birthday List Honours
- Telstra Women's Business Award (WA), Small Business, 2020
- [Australian of the Year \(WA\), 2018](#)
- [Inductee into the WA Women's Hall of Fame 2018](#)
- [Curtin University Lifetime Achievement Award, 2018](#)
- 40 under 40 WA Business Awards (2009), recognising Dr. Westerman as one of the best businesspeople in WA under 40 – awarded the “Strategic Alliance Award” for runner up
- The National Health & Medical Research Council Post-Doctoral Fellowship to investigate ADHD in Aboriginal people, (2006) and,
- The Suicide Prevention Australia Award for Emerging Researcher (2006)
- The NAIDOC National Scholar of the Year (2002)
- The Mark Liveris Award, Curtin University, Health Sciences for best Oral Presentation of PhD

Indigenous psychology advancement in Australia and internationally including:

1. Becoming the first Aboriginal person to complete a Masters and Doctor of Philosophy (PhD) in Clinical Psychology in 2002. This PhD resulted in the development of the ONLY culturally and clinically validated screening tool for Aboriginal people at risk,
2. In 1998 she started her business, Indigenous Psychological Services (IPS) -a business that resulted in her recognition as one of the foremost business leaders under 40 in Western Australia in 2009 and the 2020 Telstra Women's Small Business Award (WA)
3. Personally trained **40,000+** mental health practitioners across Australia making her the “**clinicians clinician**” when it comes to practitioners across Australia choosing to be trained in Indigenous mental health and suicide prevention and at a level that would make her arguably the most in demand trainer in Australia.

4. Invited keynote speaker at over 80 conferences Australia wide and an international keynote speaker on five occasions in Canada, New Zealand and America. Refer to “Publications and Keynotes” at Attachment 1 [and online here](#).
5. In 2005, the Canadian government sent a delegation to Australia to explore Dr. Westerman’s work in suicide prevention and recommended the same approaches be used with Aboriginal Canadian populations. [Download report HERE](#).
6. Cited by Canadian Health (2009) as making a ‘substantial contribution to Aboriginal youth suicide and mental health as a direct result of her work in developing the first scientifically and culturally validated screening tool for Aboriginal youth at risk
7. The development of NINE unique psychometric tests from the ‘ground up’ rather than adapted from mainstream mental health construction. These tests are both culturally and scientifically validated and exist as the only tests in Australia that can lay claim to that.
8. The cornerstone of these tests has been the [Westerman Aboriginal Symptom Checklist – Youth \(WASC-Y\)](#) aged 13-17 years, and [the Adult version \(WASC-A\)](#). The WASCY/A are the only uniquely developed culturally and clinically validated screening tools capable of identifying Aboriginal people at risk of suicide and mental ill health. These tools resulted in several crucial world firsts:
  - a. They determined a unique set of risk and protective factors for Aboriginal suicide and mental health for the first time and was cited by Canadian Health (2009) as making a substantial contribution to Indigenous youth suicide,
  - b. Determined and operationalised cultural resilience as a factor in suicide prevention. The WASCY and WASC-A determined that cultural resilience buffers suicide risk for the first time at a population level (Westerman, 2003, 2019 in preparation),
  - c. Led to the (self-funded) development of the first ‘whole of community’ mental health and suicide intervention programs capable of targeting unique risk and protective factors. These programs have demonstrated a capacity to target whole communities at risk and reduce suicide risk factors for the first time (Westerman & Sheridan, 2020 [click here to read paper](#) ). This is the only program that has content that is delivered across these different groups and has demonstrated a reduction in suicide and mental health risk factors as outcome. The focus is to skill up and mobilise ‘whole communities’ to deal with any issues that present themselves.
  - d. Determined mental health and suicide prevalence data using a clinically and culturally validated tool for the first time (Westerman, 2003),
  - e. Determined covariants to disorder for Aboriginal people for the first time (see Westerman, 2003 and Westerman, 2021 in preparation).
  - f. Resulted in the capacity of clinicians to screen Aboriginal people for early stages of risk and measure treatment outcome.

9. Delivering Whole of community intervention programs have been delivered throughout Australia, including Roebourne, Kalgoorlie, Laverton, Mullewa, Wyndham, Mowanjum and Broome (Western Australia); Katherine, Alice Springs, Galiwinku, Gove, Maningrida, Tiwi Islands (Northern Territory); Bowraville and Tabulam (New South Wales); Echuca and Warrnambool (Victoria) and Doomadgee (Queensland). **These programs have not been able to be delivered in WA since 2009 due to an absence of funding. This has led to the recent incorporation of a non-profit “The Westerman Jilya Institute for Indigenous Mental Health” which Dr Westerman has developed pro bono; contributed her own personal funds towards and will donate the intellectual property of these intervention programs into Jilya to ensure greater access and reach to high risk communities.**
10. Over 2,000 Aboriginal community members and youth have participated in these programs,
11. The first culturally and psychometrically validated measure of [Aboriginal mental health cultural competency \(CCP: Westerman, 2003\)](#) which determined the skills that were essential to being effective in working with Aboriginal people for the first time.
12. This has been since followed up with two more measures that can determine and improve cultural competencies – [the General Cultural Competency Profile \(GCCP: Westerman, 2012\)](#) is for use in the general (non mental health) workforce such as teachers, police etc.,
13. The [Cultural Competency – Child Protection \(CCP-CP: Westerman, 2019\)](#) which has attracted national and international interest given the over-representation of Indigenous children in out of home care (54% in WA and this is consistent across most states). The CCP-CP provides our best opportunity to directly measure the improvements in child protection cultural competencies against the rates of removal of Aboriginal children. **This would provide a first opportunity to address the main factors implicated in generational Indigenous child removal.**
14. The Cultural Competency Profile for Foster Carers (in development). With over 33% of Indigenous children in the care of non-indigenous carers and with significant research evidence indicating that a strong sense of cultural identity is crucial to positive outcomes across health, mental health, education, employment being able to determine and address the cultural competencies of foster carers is crucial.
15. [The Cultural Needs Scale \(CNS\)](#). This determines the extent of cultural need/barriers for Indigenous people in the workplace, enabling the proactive addressing of these barriers to ensure workforce retention,
16. The Acculturation Scale for Aboriginal Australians. A tool that has been developed uniquely for Aboriginal Australians to gauge cultural connection and identity formation. This enables a number of important therapeutic interventions and outcomes. It is also used in criminogenic environments.
17. The Acculturative Stress Scale for Aboriginal Australians. This tool gauges the extent of stress experienced by Aboriginal people as a result of marginalisation, racism and enables clinicians

to be able to proactively treat and address this stress. It is also used in criminogenic interventions which have implicated culture stress in offending behaviours.

18. From these unique psychometric tests, IPS has since designed the only programs in Australia that have demonstrated the ability to improve [Aboriginal mental health cultural competencies](#) (Westerman & Butt, 2009; Westerman & Sheridan, in preparation). [Please click here for an overview of the results of these programs](#)
19. Recently published [the first paper on the validation of Culture Bound Syndromes in Aboriginal Australian populations](#).
20. A full list of Dr Westerman's publications [can be found here](#)
21. Dr. Westerman has addressed numerous Parliamentary Inquiries as an expert witness including the [NSW Parliamentary Inquiry into the Bowraville Murders](#) and [the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability \(2020\)](#)

### **PROBONO work as a result of an absence of funding:**

The establishment of Indigenous Psychological Services (IPS) which provides approximately 30% of its services at no cost to individuals communities. This includes aspects of community intervention programs, over \$100,000 of free places at workshops for community and Indigenous service providers, self-funding all of her research, development of unique programs, world first psychometric tests, mentoring Aboriginal and non-Aboriginal students undertaking university studies and mentoring of Aboriginal people in the mental health and psychology fields.

### **THE DR TRACY WESTERMAN ABORIGINAL PSYCHOLOGY SCHOLARSHIP PROGRAM**

Dr Westerman is also developing the next generation of Indigenous psychologists to provide our best opportunity of being free of having the highest rates of indigenous child suicides in the world. Specifically:

1. [Personally, funded and launched the Dr Tracy Westerman Aboriginal Psychology Scholarship Program \(along with Curtin University\)](#). This Australia first initiative directly addresses the needs of bereaved Indigenous families and communities based upon decades of Inquiries, the most recent being the **Fogliani Coronial Inquiry** into the deaths of 13 Aboriginal children in the Kimberley which cited that all of the bereaved children experienced 'system failure' or more specifically a lack of access to specialist programs and services in these high risk areas. Dr. Westerman started the scholarship as a direct response to this critical need in Indigenous communities which have not been responded to by successive governments. The scholarship includes:

- A personal donation of \$51,800 to commence the scholarship in her name. Refer to media [here](#).
- The donation of her personal time to develop the scholarship and mentor the recipients in evidence based best practice in suicide and mental health prevention
- Through her personal efforts has raised funding to the total of **\$800,000** and is personally mentoring FIFTEEN Indigenous Psychology Students across Australia

**MEDIA LINKS ABOUT THE SCHOLARSHIP RECIPIENTS ARE HERE:**

- [Incredible young people represent ‘the future of our communities’](#)
- [Indigenous scholarship to honour 40under40 winner](#)
- [Dr Tracy Westerman Scholarship Program](#)

**THE CHARITY: THE WESTERMAN JILYA INSTITUTE FOR INDIGNEOUS MENTAL HEALTH**

The Jilya Institute was launched in 2020 at Government House, with our Patron, The Honourable Kim Beazley AC, Governor of WA, and Dr Tracy Westerman AM and the Jilya Board.

Jilya means ‘my child’ in Nyamal: for this is about our children. To provide a world in which our most vulnerable Indigenous children have at least, an equal opportunity to thrive. All funds raised will go towards the Jilya Institute, which advances, supports, and mentors Indigenous psychologists for Australia’s highest risk communities and drives best practice across Indigenous mental health and wellbeing.

Information [on the Jilya Institute can be found here](#)

**[THE JILYA WORLD SUICIDE PREVENTION DAY CONCERT, SEPTEMBER 10<sup>TH</sup> ANNUALLY](#)**

On World Suicide Prevention Day September 10th, The Westerman Jilya Institute will host a fundraising concert for Indigenous suicide prevention to raise funds to increase the number of Indigenous psychologists in our highest risk remote communities

The event will be hosted by Tina Altieri and feature top Indigenous artists Gina Williams AM and Guy Ghouse, Kobi Morrison, Bojesse Pigram and Naomi Pigram, who will perform along with internationally renowned, ARIA-award winning musician and songwriter John Butler. More information on our incredible artists can be found here.

The University of Western Australia (UWA) have donated Winthrop Hall for the event which is an esteemed historical building that holds 1,000 people!

All artists are donating their time such is their passion for this cause. We have the Public Relations Services of Vu Consulting on a probono basis, to ensure the event captures the attention it deserves.

We have held the Jilya concert on WSPD each year as Indigenous suicides historically had very little public attention on this day. Dr Westerman has used her public reach via media, social media, national opinion pieces to platform Jilya's goals and ensure Australian's are aware of this shocking and unacceptable reality. Each year, interest in the Jilya concert builds. The concert aims to raise \$175,500 through a donor initiated online auction; sponsors and ticket sales. One scholarship is \$11,700 and we are aiming to fund 15 this year to add to the existing 15.

More [information on the concert can be found here](#).

## **OPINION PIECES and media**

A significant number of opinion pieces which can all be found [here but](#) the most heavily influential include:

- a. [Why we need to Raise the Age of Criminal Responsibility](#), The Australian Newspaper
  - b. [Where is the funding going?](#) Featured by IndigenousX, National Indigenous Times and Australian Doctor.
  - c. [What are the causes of indigenous suicides?](#) Featured by the National Indigenous Times, IndigenousX
  - d. [Our children's lives deserve more than silence](#) featured by SBS (NITV) in response to the silence of our political leaders and mainstream media of the suicide deaths of Aboriginal children
  - e. [Why don't Indigenous suicides matter?](#) Featured on IndigenousX and the National Indigenous Times
  - f. Sick Heart of a Generation. A ¾ page feature in "The Australian" newspaper.
  - g. [Response to the Governments response to the Fogliani Inquiry](#)
22. Significant public presence on [radio and TV educating](#) the public on Indigenous suicide prevention. A full list can be [found here and here](#)
- a. Featured on "All in the Mind" podcast on '[Why do we need more Indigenous Psychologists](#)'
  - b. [Caama Radio \(Alice Springs\) interview](#)
  - c. [Noongar Radio extended interview](#)
  - d. Features on ABC National with Geraldine Dougue; the Lifematters program and significantly more that are too numerous to include in this application

**Refer also to section on "The Westerman Jilya Institute for Indigenous Mental Health" to ensure greater access and reach to high risk communities.**

## **EXPANSION OF TRAINING PROGRAMS INTO ELEARNING:**

IPS will launch Dr Westermans programs into elearning [click here for further information](#). These modules include as below and will be available in the later parts of 2020:

### **IPS ELEARNING MODULES**

- Program 1: Foundational Aboriginal Mental Health Cultural Competence
- Module 1: Beliefs, Attitudes & Cultural Empathy as core drivers
  - Module 2: Addressing Practitioner Barriers
  - Module 3: The journey to Aboriginal Mental Health Cultural Competence
- Program 2: Foundational General Cultural Competence
- Module 4: Beliefs, Attitudes & Cultural Empathy
  - Module 5: Barriers to effectiveness
  - Module 6: The journey to Cultural Competence
- Program 3: Cultural Assessment Foundations
- Module 7: Aboriginal Identity & Understanding Culture Bound Syndromes
- Program 4: Module 8: Indigenous Depression
- Module 9: Cultural Grieving
- Program 5: Module 10: Indigenous Trauma and Attachment
- Module 11: Culture Stress & relationship with trauma & risk (includes accreditation in the Acculturative Stress Scale for Aboriginal Australians)
- Program 6: Working with Suicide and Self-Harm in Aboriginal Communities
- Module 12: Indigenous Suicide Facts, myths
  - Module 13: The Nature of Aboriginal Suicide
  - Module 14: Indigenous specific risk assessment.
  - Module 15: Self Harm in Aboriginal Communities
  - Module 16: Postvention, and delivery of community interventions
- Program 7: Module 17: Adapting Basic Counselling, Engagement and Therapeutic Interventions
- Program 8: Module 18: Accreditation in the Westerman Aboriginal Symptom Checklist – Youth (aged 13-17) and Adults (18 years+).

## **DR WESTERMANS GROUNDBREAKING WORK ON CULTURAL COMPETENCY TESTING, DEVELOPMENT AND INTERVENTION**

Dr Westerman developed the first culturally and psychometrically validated measure of [Aboriginal mental health cultural competency](#) (CCP: Westerman, 2003) which determined the skills that were essential to being effective in working with Aboriginal people for the first time. This has been since followed up with two more measures that are capable of determining and improving cultural competency – the General Cultural Competency Profile (GCCP: Westerman, 2012) and the Cultural Competency – Child Protection (CCP-CP: Westerman, 2019) which has attracted national and international interest given the over-representation of Indigenous children in out of home care (54% in WA and this is consistent across most states). The CCP-CP provides our best opportunity to directly measure the improvements in child protection cultural competencies against the rates of removal of Aboriginal children. **This would provide a cutting-edge global opportunity to address the main factors implicated in generational Indigenous child removal.**

She has since designed the only programs capable which have demonstrated the ability to improve Aboriginal mental health cultural competencies (Westerman & Butt, in preparation). A summary can be [found here](#):

## **DR WESTERMAN'S GROUNDBREAKING WORK ON CULTURE BOUND SYNDROMES IN ABORIGINAL AUSTRALIAN POPULATIONS**

Recently published [the first paper on the validation of Culture Bound Syndromes in Aboriginal Australian populations](#). This publication is an Australian First and will enable many considerable and wide sweeping changes to the field including:

1. It validates the existence of CB syndromes for the first time in Australia ensuring that Aboriginal people who present to mental health services are able to be culturally and clinically assessed for the first time.
2. It will address the problems with misdiagnosis of mental health issues and the failure to assess indigenous people accurately culturally by practitioners who are not guided around these types of culturally complex assessments. At the moment, assessment is fraught. This paper is puts forward an adaptation of the DSM-IV Outline for Cultural Formulation (“OCF”) for Aboriginal Australians.
3. It will ensure that practitioners are trained more appropriately to be able to better understand that CB syndromes can often manifest in the same way as clinical disorders (e.g. longing for



country looks like depression; cultural spiritual visits look like psychoses etc.,etc.). The full paper can be found here

## KEYNOTE ADDRESSES AND PUBLICATIONS

- Westerman, T.G (1997) Psychology Week Conference, Perth, WA. “Psychology and Aboriginal Mental Health: Bridging the Gap”.
- Westerman, T.G. (1999) International Conference on Child Abuse and Neglect, December 5<sup>th</sup> at Perth. Paper entitled “The development of a measure for the purpose of identifying Aboriginal youth at risk of suicide, depression, anxiety and low self-esteem”.
- Westerman, T.G. & Vicary, D.A. (2000) “Applied Interventions with suicidal Aboriginal clients”. Suicide Prevention Australia Conference, April 1 –3, 2000, Sydney, NSW.
- Westerman, T.G. (2000) Suicide Prevention Australia Conference. “The development of a measure to identify Aboriginal youth at risk of suicide, depression, anxiety and low self-esteem”.
- Westerman, T.G. (2000) Youth Suicide Prevention Conference for Catholic Education School Psychologists. “Working with suicidal Aboriginal clients”. Esplanade, Fremantle, May 26<sup>th</sup>.
- Westerman, T.G (2000). “Working with ‘at risk’ Aboriginal youth”. “Next Step” professional development forum, September 7<sup>th</sup>, 2000.
- Westerman, T.G (2000). “Assessing Aboriginal youth at risk of suicide, depression, anxiety and low self-esteem”, Health Department, September 14<sup>th</sup>, 2000.
- Westerman, T.G (2000) “Working with suicide and depression” School Psychologists Association Conference, Education Department, September 21<sup>st</sup>, 2000.
- Westerman, T.G. (2001) Suicide Prevention Australia Conference, Sydney. “The Westerman Aboriginal Symptom Checklist – Youth (WASC-Y)”
- Westerman, T.G & Dalton, B. (2001) Suicide Prevention Australia Conference, 2001. “The Western Mining Indigenous Employment Initiative: combining mental health prevention with employment opportunities”.
- Westerman, T.G (2002). Identifying internalizing disorders in Aboriginal populations: the cultural manifestations of disorder. Mental Health Symposium, Perth, March 18.
- Westerman, T.G (2002). The MHS Conference. “Mental Health Outcome Measures and Aboriginal People”. Sydney, August, 2002
- Westerman, T.G (2002). **Keynote Address:** Mental Health Promotion and what it means for Aboriginal People. Mental Health Symposium, Perth, March 18.
- Westerman, T.G (2002) Women’s Refuge Conference of WA, Inc. Working with Aboriginal Youth and Children: A community development approach to the prevention of suicide in the Derby region.

- Westerman, T.G (2002). **Keynote Address:** Assessment of Aboriginal People: measuring the success of intervention programs with Aboriginal people, Auseinet Forum, Adelaide, September
- Westerman, T.G (2002). **Keynote Address.** Women’s Refuge Conference of WA Inc. Mandurah Performing Arts Centre, Mandurah. Aboriginal Children and Domestic and Family Violence: An analysis of the nature of violence in Aboriginal communities and the psychological impacts on Aboriginal children.
- Westerman, T.G. (2003) **Keynote Address.** Alcohol and Other Drugs Conference. Co-occurrence of Disorders in Aboriginal populations: how does this affect diagnosis, prognosis and treatment. Darwin, May 6<sup>th</sup>.
- Westerman, T.G. (2003). **International Keynote Address.** How do we as Indigenous People Prevent Suicide – models of best practice and intervention. Iqualuit, Nunavut Province, Canada
- Westerman, T.G. (2003) **Keynote Address and Expert Panel,** Unchartered Territory Conference, Darwin, Northern Territory. “A Model of Best Practice for Aboriginal Suicide Prevention. Preliminary Results from work in Western Australia. May 8<sup>th</sup>.
- Westerman, T.G. (2003). **Keynote Address.** Why is it important to have specialist mental health services for Aboriginal people? Pilbara and Kimberley Regional Education Conference – students with special needs. Karratha, June 13<sup>th</sup> , 2003.
- Westerman, T.G. (2003). **International Keynote Address.** How do we as Indigenous People Prevent Suicide – models of best practice and intervention. Iqualuit, Nunavut Province, Canada.
- Westerman, T.G. (2003). **International Keynote Address.** Therapeutic Interventions with Aboriginal clients. Nome, Alaska, USA, October 15<sup>th</sup> – 17<sup>th</sup>.
- Westerman, T.G. (2003). **International Workshop Presentation:.** How do we as Indigenous People Prevent Suicide – models of best practice and intervention. Nome, Alasksa, USA, October
- Westerman, T.G. (2004). **Keynote Address.** *Making a Difference Conference.* What is effective with Aboriginal people – ways forward. Alice Springs, June.
- Westerman, T.G. (2004). **Keynote Address.** Models of Intervention: incorporating traditional with westernized models of service delivery. Armidale, NSW, June.
- Westerman, T.G. (2005). **Keynote Presentation.** Ethnic Child Care Resource Unit. Aboriginal families and the emotional wellbeing of Aboriginal children, Perth, WA
- Westerman, T.G. (2005). **Keynote Presentation.** The Northern Territory Australian Psychological Society Branch Conference, Darwin. The parameters of culturally derived psychological and mental health assessment of Aboriginal people: where does the differential diagnosis come into play?
- Westerman, T.G. (2005). **Keynote Presentation.** Aboriginal Child Behaviour Management – how to use cultural strengths in the classroom. Association of Independent Schools. Broome

- Westerman, T.G. (2006). **Keynote Presentation.** Association of Independent Schools of WA & Catholic Education Office Child Protection Conference. Aboriginal Family Violence: Demystifying Culture from Abuse. Fremantle, WA, January.
- Westerman, T.G. (2006). Keynote Presentation. Mater Community Youth Mental Health Services Conference. Assessment of Attachment Disorders in Aboriginal People. Brisbane, QLD, May.
- Westerman, T.G (2006). **International Keynote Presentation.** Can Psychology services meet the needs of Indigenous people? The Australian Psychological Society and New Zealand Psychological Society Combined Conference, Auckland
- Muuji Forum (2007). **Keynote Presentation.** Self- care and Worker Burnout. How to address compassion fatigue in the helping profession, Canberra, ACT
- Westerman, T.G. (2007). Effective Practice in Indigenous Suicide: What impacts can be made by adopting a unique cultural approach, Suicide Prevention Australia, Sydney, NSW
- Westerman, T.G. (2007) **Keynote presentation.** The value of unique service provision for Aboriginal Australians – the benefits of starting from scratch. Psychology and Indigenous Australians: Effective Teaching and Practice Conference, Adelaide 13 July (2007)
- Westerman, T.G. (2007). **Keynote presentation.** The value of unique service provision for Aboriginal Australians – the benefits of starting from scratch. Making Waves 33rd International Conference of the ACMHN, Cairns 12<sup>th</sup> October
- Westerman, T.G. (2007). International **Keynote presentation.** The value of unique service provision for Aboriginal Australians – the benefits of starting from scratch. Two Nations, Ten Cultures? Combined APSAD & Cutting Edge Addiction Conference, Auckland NZ, 4-7 November
- Westerman, T.G (2008). Keynote presentation. Psychometric Assessment of Aboriginal People: getting it right. The Victorian Transcultural Psychiatry Unit, Melbourne, June.
- Westerman T.G. (2009). Keynote Presentation. Culturally competent forensic mental health assessment: where are we at? Australian Institute of Criminology, Sydney, August.
- Westerman, T.G. (2009).Keynote Presentation. Development of innovative models of mental health service; what we have learnt. Australian Community Support Organisation Conference, Melbourne
- Westerman, T.G. (2009). International Keynote Presentation. Is best practice really elusive when working with Indigenous people? Wellington, New Zealand, September
- Westerman, T.G. (2009). Keynote Presentation. Unique Aboriginal mental health service provision – what are the benefits and what has been achieved? WA Country Health, Kalgoorlie, November
- Westerman, T.G. (2010). Aboriginal Parenting Differences - how to recognize the value in effective intervention and prevention. QEC Early Parenting Program 6th Annual Conference. Melbourne

- Westerman, T.G. (2012). Cultural Competence in Aboriginal Mental Health: the predictors of best practice. WA Drug & Alcohol Conference, Perth
- Westerman, T.G. (2012). A culturally competent mental health workforce: the work of IPS in delivering best practice workforce development programs across Australia, Western Regional Alcohol and Drug Dual Diagnosis Conference, Warnambool, Victoria
- Westerman, T.G. (2017). Working with dual diagnosis in Aboriginal mental health: where is the evidence base? Tamworth Aboriginal Medical Service, Tamworth
- Westerman, T.G (2017). Developing culturally competent workforces – what is the payoff for Aboriginal clients and service delivery, Sydney, YFoundation.
- Westerman, T.G (2017). Cultural Competence in child protection: how can we ensure minimum standards. An introduction to the work of IPS in the Department of Communities, Perth, WA
- Westerman, T.G. (2017). How do we prevent violence in Indigenous Communities. Culturally informed practice. KWY Conference, Adelaide.
- Westerman, T.G (2018). Cultural Competence in Educational Institutions – Why it is vital to outcomes for Indigenous people. TEMC Conference. Burswood, WA
- Westerman, T.G (2018). Indigenous Literacy Day Round Table. Catholic Education WA Kaartdijin Week 2018. Leederville, WA
- Westerman, T.G (2018). Cultural Competent Forensic Mental Health Assessment. District Court of Western Australia Judges' Conference 2018. Perth, WA
- Westerman, T.G (2018). WA Australian of the Year Social Inclusion Breakfast Forum: Social Inclusion's Role in Community Wellbeing. Crawley, WA
- Westerman, T.G (2019). KWY, National Child Protection Summit, Adelaide. The Cultural Competency Profile – Child Protection – results for a whole of organisation cultural audit and review
- Westerman, T.G (2019). Curtin University, Occasional Address to 1,300 Psychology and Social Work Graduates
- Westerman, T.G (2019), WA Leadership Conference ACHSM. Leadership in Aboriginal Mental Health & Suicide Prevention

## Publications

- Westerman T.G. & Wettinger, M. (1998) Working with Aboriginal People. Psychologically Speaking, Western Australian Psychological Society.
- Westerman, T & Wettinger, M (2001) Establishing Rapport with Aboriginal clients. In Centre for Aboriginal Studies Psychological Practitioners Handbook,
- Westerman, T.G. & Vicary, D.A (2001) Preventing Aboriginal Youth Suicide. In Dudgeon,P., Pickett, H & Garvey, D. Centre for Aboriginal Studies Psychological Practitioners Handbook
- Westerman T.G (2002). Psychological Interventions with Aboriginal People. *Connect Magazine*, Health Department of Western Australian.
- Westerman, T.G. (2003). Development of an inventory to assess the moderating effects of cultural resilience with Aboriginal youth at risk of depression, anxiety and suicidal behaviours. Available from Curtin University, Perth, WA.
- Westerman, T.G. (2004). Guest Editorial. Engagement of Indigenous Clients in Mental Health Services: what role do cultural differences play? Australian e-journal for the Advancement of Mental Health (AeJAMH), Volume 3, Issue 3
- Westerman, T.G. & Vicary, D.A (2004). Guest Editorial. That's just the way he is': Some implications of Aboriginal mental health beliefs. Australian e-journal for the Advancement of Mental Health (AeJAMH), Volume 3, Issue 3
- Westerman, T.G (2010). Engaging Australian Aboriginal Youth in Mental Health Services, *Australian Psychologist*, Vol 45(3), pp 212-222.
- Westerman, T.G & Sheridan, L (submitted). A whole of community Indigenous suicide intervention program. Results from high risk remote communities, *Australian Psychologist*
- Westerman, T.G (submitted). Culture-bound syndromes in Australian Aboriginal Populations: where is the evidence, *Australian Psychologist*
- Westerman, T.G & Sheridan, L (In preparation). The Westerman Aboriginal Symptom Checklist – Youth (13-17 years). A culturally and psychometrically validated tool for at risk Aboriginal youth.
- Westerman, T.G (submitted). Prevalence and co-variance of mental health based upon the Westerman Aboriginal Symptom Checklist – Youth (aged 13 -17 years).