The Westerman Aboriginal Symptom Checklist Youth (WASC-Y) for youth aged 13-17 years) is the only culturally and psychometrically validated test in existence of Aboriginal youth worldwide (Canadian Health, 2009).

It has been in use across Australia within mental health services since 2003 and is the measure ‘of choice’ for a number of federal and state based organisations. The WASC-Y is a 53-item self report measure used as a screening tool to assess Indigenous youth at risk. It has six subscales, five of which assess risk including depression, suicidal behaviours, alcohol and drug use, impulsivity and anxiety. The sixth subscale explores for cultural resilience, or moderators against the development of risk behaviours.

The WASC-Y was initially developed as part of the PhD of Dr Tracy Westerman in 2000 and since this time has been validated with over 600 Aboriginal youth across four states and territories of Australia. It has shown good psychometric properties and excellent clinical application. It can be used with Aboriginal youth with very low levels of literacy.

**Age Range:** 13 - 17 Years

**Time to complete:**
- 15 minutes with literate youth
- 25 minutes with minimally literate youth

Manual includes current critique and review of available adult Aboriginal Mental Health literature; main outcomes of Dr Westerman’s PhD which includes overview of the development of the Westerner Aboriginal Symptom Checklist—Youth (WASC-Y) and WASC-A; prevalence data obtained Australia wide from both scales which includes rates of depression, anxiety, suicidal behaviours, drug and alcohol useage, impulsivity and cultural resilience.

The manual also provides an overview of the covariance amongst disorders; the impact of cultural resilience as a moderator of risk; rates of risk for mental ill health amongst youth and adults sampled with the WASC-Y and WASC-A and implications for practice. The manual also includes outcomes of Dr Westerman’s initial study and what has been achieved since then from this initial evidence base. This includes an overview of validated culture bound syndromes in Aboriginal populations Australia wide; the development and validation of the Aboriginal mental health cultural competency test (CCT); General Cultural Competency Test (GCCT); delivery of IPS’ Cultural Competency Intervention Programs and importantly an overview of the impacts of IPS Whole of Community Suicide and Mental Health Intervention Programs which has been the main focus of the use of the WASC-Y and WASC-A data.

Finally, the manual also provides comprehensive Cultural and Clinical Validation Guidelines which guides the practitioner through cultural best practice counseling and assessment methodologies for use on the Aboriginal client.

**WASC-Y start up pack**
Inc: Satchel, Manual & 30 forms $980.00 + $28 postage & handling

**SPECIAL OFFER ONLY $686 + $28 postage & handling**

**WASC-Y forms only (pack of 30)**
$376.00 + $19 postage & handling

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**WASC-Y updated edition**

**SPECIAL OFFER OF 30% OFF IF ORDERING WITHIN 2 WEEKS OF WORKSHOP CONCLUSION**

**CONTACT**
T: 08 9362 2036
F: 08 9362 5546
E: ips@ips.iinet.net.au
www.indigenouspsychservices.com.au
The WASC-Y is initially purchased as a ‘start-up’ package which includes a 224 manual, which covers literature associated with Indigenous Aboriginal mental health morbidity, assessment and intervention. This section covers the main outcomes of Dr Westerman’s PhD which includes an overview of culture-bound syndromes, mental health literature, mental health assessment models covered in the workshop and much more. It also includes a chapter on current validation of the WASC-Y.

The manual also includes “Clinical and Cultural Guidelines” which provides practitioners with guidelines to administer the WASC-Y at interview stage with at-risk Aboriginal youth. This includes the provision of specific questions to ask in relation to cultural factors that need to be explored for every item of the WASC-Y, culturally appropriate counseling methods and strategies to ensure that the most culturally valid assessment of Aboriginal youth is undertaken. All of this information has been covered in the training on “Mental Health Assessment of Aboriginal Clients” that you have attended.

Once you have a start-up pack, you can then continue to order copies of the WASC-Y, which currently come in packs of 30. It should be noted that only those people who have undergone accredited training in the WASC-Y are authorised to administer it. I therefore encourage you to provide access to only those people who have attended the training.

We have done all we can to ensure that costs have been kept at a minimum and to ensure access of the WASC-Y to a wide range of service providers. We hope that you will find the packs and associated guidelines of significant benefit in your ongoing work with Aboriginal youth.

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**Invoicing Details**

Agency / person to be invoiced

Postal Address

State Postcode

Accounts Email

Details of person who attended training *(required)*

Name

Email

Workshop Location

Attendance Date

Postal Address for WASC-Y

*(only if from a different agency)*

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**WASC-Y Pricing**

- **SPECIAL OFFER**
  - ONLY $686 + $28 postage & handling
- WASC-Y Forms Only (pack of 30) $376 + $19 postage and handling.

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Or fill out your credit card details and fax or post

Card Holder Name

Expiry Date

CCV (last 3 digits on back of credit card)

Signature