

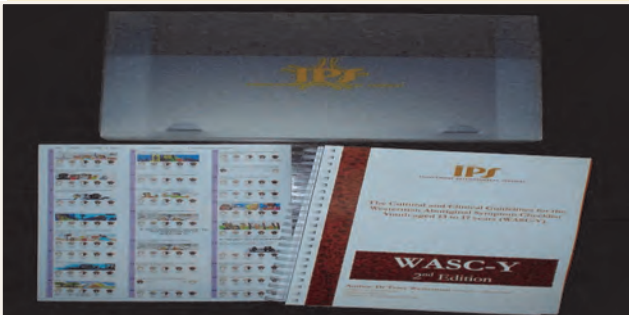
WASC-Y

"Westerman Aboriginal Symptom Checklist – Youth" Revised (Westerman, 2000,2007)

The Westerman Aboriginal Symptom Checklist—Youth (WASC-Y) for youth aged 13-17 years) is the only culturally and psychometrically validated test in existence for Aboriginal youth worldwide (Canadian Health, 2009). It has been in use across Australia within mental health services since 2003 and is the measure 'of choice' for a number of federal and state based organisations. The WASC-Y is a 53-item self report measure used as a screening tool to assess Indigenous youth at risk. It has six subscales, five of which assess risk including depression, suicidal behaviours, alcohol and drug use, impulsivity and anxiety. The sixth subscale explores for cultural resilience, or moderators against the development of risk.

The WASC-Y was initially developed as part of the PhD of Dr Tracy Westerman in 2000 and since this time has been validated with over 1,000 Aboriginal youth across four states and territories of Australia. It has shown good psychometric properties and excellent clinical application. It can also be used with youth with limited literacy.

Age Range: 13 - 17 years
Time to complete: 15 minutes with literate youth; 25 minutes with minimally literate youth



- **WASC-Y start up pack** Inc: Satchel, Manual & 30 WASC-Y forms. \$980.00 + \$28 postage & handling
- **WASC-Y forms only** (pack of 30). \$376.00 + \$19 postage & handling

Manual includes current critique and review of available youth Aboriginal Mental Health literature; main outcomes of Dr Westerman's PhD which includes overview of the development of the Westerman Aboriginal Symptom Checklist—Youth (WASC-Y); prevalence data obtained Australia wide which includes rates of depression, anxiety, suicidal behaviours, drug and alcohol useage, impulsivity and cultural resilience. The manual also provides an overview of the covariance amongst disorders; the impact of cultural resilience as a moderator of risk; rates of risk for mental ill health amongst youth sampled with the WASC-Y and implications for practice. The manual also includes a review of achievements from Dr Westerman's PhD to the current date. This includes the validation of culture bound syndromes in Aboriginal populations Australia wide; the development and validation of the Aboriginal mental health cultural competency test (CCT); General Cultural Competency Test (GCCT); Acculturation Scale for Aboriginal Australians and Acculturative Stress Scale for Aboriginal Australians; delivery of IPS' Cultural Competency Intervention Programs and importantly an overview of the impacts of IPS Whole of Community Suicide and Mental Health Intervention Programs which has been the main focus of the use of the WASC-Y and WASC-A data. Finally, the manual also provides comprehensive Cultural and Clinical Validation Guidelines which guides the practitioner through cultural best practice counseling and assessment methodologies for use he Aboriginal client.



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Email: ips@ips.iinet.net.au
www.indigenouspsychservices.com.au



The WASC-Y is initially purchased as a 'start-up' package that includes a manual, which covers literature associated with Indigenous mental health, assessment and intervention. This section covers the main outcomes of Dr Westerman's PhD which includes an overview of culture-bound syndromes, mental health literature, mental health assessment models covered in the workshop and much more. It also includes a chapter on current validation of the WASC-Y. The manual also includes "Clinical and Cultural Guidelines" which provides practitioners which guidelines to administer the WASC-Y at interview stage with at risk Aboriginal youth. This includes the provision of specific questions to ask in relation to cultural factors that need to be explored for every item of the WASC-Y; culturally appropriate counselling methods and strategies to ensure that the most culturally valid assessment of Aboriginal youth is undertaken. All of this information has been covered in the training on "Mental Health Assessment of Aboriginal Clients" that you have attended.

Once you have a start up pack, you can then continue to order copies of the WASC-Y, which currently come in packs of 30. **It should be noted that only those people who have undergone accredited training in the WASC-Y are authorised to administer it.** I therefore encourage you to provide access to only those people who have attended the training.

We have done all we can to ensure that costs have been kept at a minimum and to ensure access of the WASC-Y to a wide range of service providers. We hope that you will find the packs and associated guidelines of significant benefit in your ongoing work with Aboriginal youth.

Invoicing details

Agency/person to be invoiced

Postal Address

State Postcode

<input type="text"/>	<input type="text"/>
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Ph (Business hours)

Details of person who attended training *(required)

Title Name

<input type="text"/>	<input type="text"/>
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Email

Workshop Location

Attendance Date

Postal Address for WASC-Y— ONLY if different from Agency



WASC-Y start up pack

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Payment Details:

Amount \$ _____

Post cheque, money order and order form to:
PO Box 1198 East Victoria Park WA 6981
or fill out your credit card details & fax or post

Card Holder's Name



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Expiry Date

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CCV: _____ (last 3 digits on back of credit card)

Signature:
